



Firm Foundations

YEAR 11 RETREAT

This retreat equips young people with the understanding of the importance to have firm *foundation* in their faith.



After year 11, the young people go out into the world, whether that is continuing in sixth form or going off to college, they start to truly experience the real world as almost independent young adults. This is why it is necessary to build a firm foundation so that they are equipped to face any storms that will come their way in life.

ABOUT

The world we live in is more and more governed by opinions than facts and it can be hard to share what you believe and know to be true. Yet having that firm faith foundation, young people can be confident that what we believe as Catholics is true and can use that confidence as they prepare to go out into the wider world.

THEME

We look at the story of the wise and foolish builders in the gospel of Matthew. We clearly see what happens to the man who builds on sand and his possessions come falling down as soon as it is battered by a storm. However, the man who has built his house, his life, on a stable foundation is not destroyed by the storm.

FEEDBACK

"I can't express how much our students enjoyed the weekend at SPEC in November. On return to school the group have been frequent visitors to the chapel. Also they are nagging me to book a year 12 retreat for them! Thank you again to you and your team for an uplifting, rewarding and spiritual weekend."

HOW WE DO IT

This retreat provides a balanced platform to encounter Christ. A fundamental part of the retreat also comes with the session of a conversation-based forum where the young people are given a platform to express themselves on a variety of topics. In Exposition or Mass, the young people will truly meet in Christ in the Blessed Sacrament. The retreat also offers an opportunity for the writing of prayer cards and quiet reflection.



Bookings are now being accepted for Academic Year 2024-25!

Get in touch: spec@rcdow.org.uk

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